



orkney.com  
cycling



LOCATION: HOY

ROUTE: HOY ON HOY CYCLE



**DISTANCE**

31.3km



**GRADE**

Grading 4



**ASCENT/DESCENT**

444m

**OPTION TO SHORTEN**



**OPTION TO EXTEND**



This route was developed by Orkney Cycling Club to mark the visit to Hoy by namesake, Olympic cyclist, Sir Chris Hoy, for the opening of the Scapa Flow Museum in 2023. At its heart is a steady climb with fabulous views across Scapa Flow.

- 1) Starting at Lyness ferry terminal (this route can be cycled in reverse, depending on wind direction and ferry times), visit the Scapa Flow Museum, before following the road along the shore then inland for 1km to reach a T Junction. Turn right.
- 2) After just 150m turn left at the bend. The Lyness Naval Cemetery is immediately on your left. Around 2km beyond this is Emily's Tea Room. Follow the road as it rises and falls for a further 10km or so.
- 3) After a long descent the road begins to rise up again. Shortly after, look for a crossroads. Turn left here to follow the sign for Rackwick.
- 4) Head through the glen for around 7km, passing the car park for the Dwarfie Stane, to arrive at Rackwick. Toilets are available here.
- 5) Return through the glen back to the crossroads. Turn left to head gently uphill for 1km to reach the Hoy Kirk and Heritage Centre.
- 6) Just beyond the heritage centre, turn right at the T junction to head downhill for the final 1.5km to the pier at Moaness. 400m before the pier is the Beneth'ill Café. The pier itself has a waiting room with toilets.

**For further details and mapping information, find the full cycle route at [orkney.com/cycling](https://orkney.com/cycling)**



Stick to designated walking and cycling routes when you're out exploring, and be respectful of private property.